BURY ADULT LEARNING SERVICE

Course Information Sheet 2026/27
Learning for Pleasure Course

Course title:	**Vegetarian Meals from Around the World (LDD)**		**Code: LPB221Y**
Tutor:	Sarah Turnock		
Day & Time:	Tuesday 1.00pm – 3.00pm		
Start & End Dates:	Term 1	Term 2 05/01/27-02/02/27 23/02/27-16/03/27	Term 3
Number of sessions:	9		
Venue:	Bury Adult Learning Centre		**Room No:1**
Learner Numbers:	Minimum	Maximum	
	8	8	
Costs:	Full Fee	Discounted Fee	
	£196.70	£123.35	
Cost of Consumables	£50 included in the cost		

What will I learn on this course?

This course is designed for learners who may benefit from additional support.

We will take a culinary journey around the world on this exciting, hands-on course, exploring delicious vegetarian dishes from a range of cultures.

Learners will discover how different countries use fresh vegetables, grains, herbs, and spices to create nutritious meals that reflect local ingredients, traditions, and cooking techniques.

From Mediterranean favourites and Indian curries to Asian noodle dishes, participants will learn how to prepare a variety of vegetarian recipes while developing essential kitchen skills. The course covers food preparation, flavouring and seasoning, food presentation, and an understanding of the cultural influences that shape cuisine around the world.

You will learn how to cook delicious meals, such as:

- Vegetable Biryani
- Vegetable Stir Fry
- Homemade Vegetarian pizza
- Vegetarian Tacos with Beans & Veg
- Aubergine Parmigiana

Additional information

Suitable footwear to be worn in the kitchen and if you have long hair, please come with it tied up as this is a health and safety requirement. It is also very important to let us know if you have any food allergies or intolerance.

Before you enrol on a course, advice and information is available to help you decide if this is the right course for you. Contact Learner Services on 0161 253 7501 or e-mail at learner.services@bury.gov.uk. Alternatively, you can get advice and information from Bury Adult Learning Centre on 0161 253 5772.

Tutor profile

Sarah has enjoyed cooking since leaving school and finds it both rewarding and therapeutic. She creates a fun, friendly, and relaxed learning environment where learners can develop their skills with confidence. Sarah has been teaching cookery with us for over nine years. Prior to this, she successfully ran her own home-based business, specialising in a wide range of celebration cakes for special occasions.

What will I need to provide myself?

You must provide a tub to take your food home every week. We recommend that you purchase a reusable plastic tub to help the environment. If you have your own apron, please bring this along too.

Your tutor will discuss materials further at the first class.
Please check that the class is running before buying anything.

What could I do next?

Everyone's learning journey is different. This course can help you progress by developing new skills, increasing your confidence, and preparing you for further learning. Your next step will be based on your interests, achievements, and personal goals.

If you would like to speak to someone about moving on, please ask your tutor to refer you to Learner Services or contact them directly on 0161 253 7501 or e-mail at learner.services@bury.gov.uk .

Can I get extra help?

Support with English and Maths is available. For more information, please contact Learner Services on 0161 253 7501.

Extra support is available for those learners who have sensory, physical or cognitive impairments, neuro-divergent or with mental health conditions.

Help with paying for your course

You may be entitled to a reduced fee for your course if you claim a benefit. Please the course guide or ask at the centre for more details. You will be asked to produce evidence on enrolment.

How to enrol

Phone: 0161 253 5772
Call into: Bury Adult Learning Centre, 18 Haymarket Street, Bury, BL9 0AQ

Please keep your copy of this information sheet.

It will be useful throughout your course.

Department of Corporate Core Services
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