BURY ADULT LEARNING SERVICE
LEARNING FOR LIFE & WORK
LET'S DO IT!

Course Information Sheet 2026/27
Learning for Pleasure Course

Course title:	Sew Easy (Mixed Ability)		**Code: LPB121Z**
Tutor:	Tracey Caren		
Day & Time:	Monday 1.00pm – 3.00pm		
Start & End Dates:	Term 1	Term 2	Term 3 12/04/27-07/06/27
Number of sessions:			7
Venue:	Bury Adult Learning Centre		**Room No: 9 & 11**
Learner Numbers:	Minimum		Maximum
			8
Costs:	Full Fee		Discounted Fee
	£114.10		£57.05
Cost of Consumables	**This is variable as it is dependent on the cost of your project.**		

What will I learn on this course?

This course is suitable for complete beginners as well as learners with some previous experience in garment making.

You will learn how to:

1. Operate a sewing machine and overlocker safely and effectively
2. Cut and prepare fabric accurately using commercial patterns
3. Design, create, and adapt patterns, including tracing from original templates
4. Construct your own garments, such as pyjama tops and bottoms
5. Apply embroidery techniques using a sewing machine
6. Interpret and follow more complex patterns (for more advanced learners)

You will also be encouraged to personalise, adapt, and design your own creative work.

Additional information

- You can work on your own chosen projects, with support and guidance from your tutor.
- If you are new, you will begin by learning how to use different sewing machine stitches and accessories.
- You will receive practical advice on using commercial patterns, including how to adjust them to create a garment that fits you well.
- Throughout the course, you will learn about and explore:
  - Choosing the right fabrics and materials (haberdashery)
  - Different construction methods
  - A range of sewing techniques, demonstrated step-by-step

Getting Advice Before You Enrol

Before you enrol on a course advice and information is available to help you decide if this is the right course for you. Contact Learner Services on 0161 253 7501 or e-mail at learner.services@bury.gov.uk. Alternatively, you can get advice and information from Bury Adult Learning Centre on 0161 253 5772.

Tutor profile

Tracey is an artist who has worked with sewing and soft furnishings. She has completed a BTEC National diploma in fashion and textiles which taught pattern cutting and how to make garments for adults and children. She has experience in textile printing, and on using an embroidery machine to make cushions and quilting. In addition, Tracey works within the wellbeing programme and is doing her doctorate in Art and its therapeutic benefits to mental health.

What will I need to provide myself?

A basic sewing kit including tape measure, pins and scissors and suitable sewing thread. Your tutor will discuss possible projects, sewing kit, fabrics and patterns at the first class. If you already have a project planned, please bring fabric and your pattern to the first class. A note pad and pen may also be useful.
Please check that the class is running before buying anything.

What could I do next?

This course can help you take your first steps towards a range of jobs in the textiles and fashion industry such as machining, alterations specialist, fashion designer or costume maker. Your tutor will be able to advise on the options available to you in their subject. If you would like to speak to someone about moving on, please ask your tutor to refer you to Learner Services or contact them directly on 0161 253 7501 or e-mail at learner.services@bury.gov.uk.

Can I get extra help?

Support with English and Maths is available. For more information, please contact Learner Services on 0161 253 7501.

Extra support is available for those learners who have sensory, physical or cognitive impairments, neuro-divergent or with mental health conditions.

Help with paying for your course

You may be entitled to a reduced fee for your course if you claim a benefit. Please see the course guide or ask at the centre for more details. You will be asked to produce evidence on enrolment.

How to enrol

Phone: 0161 253 5772
Call into: Bury Adult Learning Centre, 18 Haymarket Street, Bury, BL9 0AQ

Please keep your copy of this information sheet.

It will be useful throughout your course.