

Course Information Sheet 2025/26

Work & Wellbeing Qualification Course

Course title:	Introduction to a Career in Care (Health & Social Care & Childcare) Level 1		Code:HSFWWHS C02
Tutor:	Liz Jones		
Day & Time:	9.30am-4.30pm		
Start & End Dates:	Term 1	Term 2 Week 1 – March 9th, 10 th , 11 th & 12th Week 2 – March 16th, 17th, 18 th & 19th Week 3 – March 23rd, 24th, 25th & 26th	Term 3
Number of sessions:		8	
Venue:	Bury Adult Learning Centre		Room No: 19
Learner numbers:	Minimum	Maximum	
Costs:	Full Fee		Discounted Fee
	£366.65		Free

What will I learn on this course?

Step into a career that makes a difference. Bury is full of opportunities in the care and childcare sector fields where compassion, dedication, and purpose come together to create truly rewarding careers. This course is your gateway into these vital industries, offering a hands-on, supportive introduction to the roles, responsibilities, and values that define care professionals.

Whether you're drawn to supporting adults in health and social care or nurturing young minds in childcare, this intensive course will help you discover where your strengths lie. You'll explore the skills you already have—from home life, hobbies, or previous work—and learn how they can be transferred into a professional setting where you can thrive.

You'll have the flexibility to focus on either **Health & Social Care** or **Childcare**. You can even choose to complete both pathways for a broader understanding of these essential careers. Alongside classroom learning, you'll build a portfolio of work, take part in home study, and gain real-world insight through visits to local settings and guest speakers from the sector. At the end of the course, you will receive an android tablet to continue your research in the sector and start job searching.

What You'll Experience:

- A guest speaker from the care sector sharing real-life experiences
- A session with the **National Careers Service** to explore current job opportunities and career pathways

By the end of the course, you will be able to:

- Understand the core values that guide professionals in care and childcare
- Recognise the responsibilities, boundaries, and ethical standards of the role.
- Communicate effectively and maintain confidentiality in sensitive situations.
- Navigate organisational policies and understand your role in supervision and support.
- Explore child development and the importance of creating safe, nurturing environments.
- Discover how toys and play support learning and growth in children.
- Identify and pursue job opportunities in the care and childcare sectors with confidence

Learning Aim and Level (if appropriate)

The following **L1 Open Awards** units:

- Developing own Interpersonal Skills - R/615/7058 (All learners to complete)
- The Principles of Care, Organisational Policies and the Role of the Care Worker - M/615/8671 (Health & Social Care Learners)
- Awareness of Protection and Safeguarding in Health and Social Care Adults and Children and Young people, Early Years and Childcare - L/506/3640 (Health & Social Care learners)
- Child Development 0-3 Years - D/615/8665 (Childcare learners)
- Introduction to Safeguarding Children - J/615/8661 (Childcare learners)

Additional information

Before you enrol on a course, advice and information is available to help you decide on the right course for you. Contact Learner Services on 0161 253 7501 or e-mail at learner.services@bury.gov.uk.

A pre-course interview is required for this course, please contact 0161 253 5772 to arrange.

Attendance at all sessions is essential. If you miss a session without letting us know you may be asked to leave the course.

Please bring proof of identity to your first session – see page 3 for details.

Joining requirements

You will need to have a good understanding of the English language and if you are an ESOL learner you must have at least a Level 1 qualification.

No prior experience required.

What could I do next?

Once you have completed this course you could progress on to Get That Job in Care course which will introduce you to The Care Certificate. The Care Certificate is an agreed set of standards that sets out the knowledge, skills and behaviours expected of specific job roles in the health and social care sectors. This course will also support you to prepare for job interviews for roles in the health and social care sector. Improving Communication Skills for Work will help you to communicate more effectively working within a team. You may also be interested in progressing on to the Food Safety in Catering Level 2 which will be of benefit when working in the Care and Childcare sector.

Your tutor will be able to advise on the options available to you in their subject. If you would like to speak to someone about moving on, please ask your tutor to refer you to Learner Services or contact them directly on 0161 253 7501 or email learner.services@bury.gov.uk

Can I get extra help?

Support with English, maths and ICT is available. For more information, please contact Learner Services on 0161 253 7501.

Extra support is available for those learners who have sensory, physical or cognitive impairments, neuro-divergent or with mental health conditions.

Help with paying for your course

This course **may** be free if you are unemployed and claim benefits and want to be employed or progress into more sustainable employment. You may also qualify for a free course if you are on a low wage. Please enquire at the time of enrolment.

Please see the course guide for more information or ask at the time of enrolment. You will be asked to produce evidence to qualify for free provision or sign to say what benefits you are claiming and that you are seeking work.

If you are enrolling on a course which leads to a qualification and are finding it difficult to pay your exam fees or need financial help with childcare, small items of equipment or some travel cost, you may qualify for help from the Learner Support Fund. Ask at the Bury Adult Learning Centre office for a form or ring Learner Services on 0161 253 7501. ***If you have been mandated on to a course by Job Centre Plus you may not be able to get help from this fund.***

How to enrol

Phone: 0161 253 5772

Call into: Bury Adult Learning Centre, 18 Haymarket Street, Bury, BL9 0AQ

Please keep your copy of this information sheet. It will be useful throughout your course.

Proof of Learner Identity

All certificated courses require you to show proof of your personal identity. Please bring the relevant IDs on the **first day** of the course. Refer to the list below.

List of documents to show proof of learner identity

To comply with the new exam board regulation, you will be required to show proof of your identity before you could sit for a formal assessment.

All Learners must bring proof of identity to the first session.

You are required to provide either:

- **One** item from the first list; or
- **Two** items from the second.

List 1: One item required

- Passport.
- EC identity card.
- Full driver's licence (with photo).

List 2: Two of the following which are currently in use, are required

- Standard acknowledgement letter (held by people seeking asylum).
- Rent book/tenancy agreement.
- Current credit card or charge card.
- Bank or Building Society book.
- Letter showing home address.
- Full driver's licence (non-photo).
- ES40 and JSA agreement.
- Medical card.
- Services identity card.
- Household Utility bills.
- Bail sheets.
- Original birth certificate.
- Marriage certificate.
- Senior Citizen travel-pass with photograph.
- Any other form of ID.

If you have any questions, please discuss them with your tutor on the first session of the course.