

Course title:	Internet Safety			Code: CBL122/CBL124/ CBL126		
Tutor:	Gill Pilkington					
Day & Time:	Monday 1.00pm – 3.00pm					
Start & End Dates:	Term 1 28/10/24 – 02/12/24	Term 2 24/02/25 – 31/03/25		Term 3 16/06/25 – 14/07/25		
Number of sessions:	6	6		5		
Venue:	Bury Library			Room No: ICT Suite		
Learner numbers:	Minimum			Maximum		
	7			10		
Costs:	Full Fee			Discounted Fee		
	Term 1	Term 2	Term 3	Term 1	Term 2	Term 3
	Free	Free	Free	Free	Free	Free

What will I learn on this course?

IT skills are an essential part of daily lives from smartphones/tablets to shopping online. Step into the digital age with our **free** course. This course will help you to gain confidence, enhance your everyday digital skills and become more independent using the skills required for work and life in today's digital world. This course is ideal for learners who have little to no experience with smartphones/tablets. You will be focusing on simple practical tips and strategies for Internet Safety.

What you'll learn:

- Basics of secure passwords
- Recognise online threats
- Protecting personal information
- Safe browsing habits
- Social media Safety
- Securing devices and your home network
- Online shopping and financial safety

Additional information

These courses aim to help people improve their wellbeing and gain the confidence to move into further learning and work, if appropriate. Courses offer a great starting point to develop new skills, gain confidence, improve general wellbeing or adapt to life changes. Some courses may require a pre-course informal meeting.

Before you enrol on a course, advice and information is available to help you decide on the right course for you. Contact Learner Services on 0161 253 7501 or e-mail at learner.services@bury.gov.uk.

What will I need to provide myself?

- Tablets are available for you to use during class, you can also bring and use your own smartphone/tablet.
- Pen, notepad and a ring binder.

Your tutor will discuss materials further at the first class.

Please check that the class is running before buying anything.

What could I do next?

Progression route after Internet Safety:

- ✓ Intermediate Digital Skills

Our courses are available at a range of levels so we can cater to your needs.

From this course you could progress onto English, maths, IT or another course within our Work & Wellbeing programme to develop further your skills for work. Alternatively, if you wish to pursue a hobby or develop a new skill you could progress onto one of our creative courses.

Your tutor will be able to advise on the options available to you in their subject. If you would like to speak to someone about moving on, please ask your tutor to refer you to Learner Services or contact them directly on 0161 253 7501 or e-mail at learner.services@bury.gov.uk

Can I get extra help?

Support with English and Maths is available through our Skills for Life section. For more information, please contact Learner Services on 0161 253 7501.

Extra support is available for those learners who have sensory, physical or cognitive impairments, neuro-divergent or with mental health conditions.

Help with paying for your course

You may be entitled to a reduced fee for your course if you claim a benefit. Please refer to the course guide or ask at the centre for more details. You will be asked to produce evidence on enrolment.

How to enrol

Phone: 0161 253 5772

Call into: Bury Adult Learning Centre, 18 Haymarket Street, Bury, BL9 0AQ

Please keep your copy of this information sheet. It will be useful throughout your course.