

Course Information Sheet 2024/25

Work & Wellbeing Non-Qualification Course

Course title:	Volunteering for a Sustainable World				Code: B505	
Tutor:	Daniel Davidson					
Day & Time:	Friday 1pm – 4pm					
Start & End Dates:	10/01/25-07/02/25 28/02/25-28/03/25		Term 2		Term 3	
Number of sessions:	10					
Venue:	Bury Adult Learning Service				Room No:10	
Learner numbers:	Minimum			Maximum		
	7			8		
Costs:	Full Fee			Discounted Fee		
	Term 1	Term 2	Term 3	Term 1	Term 2	Term 3
		£96.00			Free	

What will I learn on this course?

By the end of the course, you will meet the following learning outcomes:

- Recognise ways that green spaces can improve well-being.
- List ways you could personally improve the environment.
- List strengths and weaknesses of self.
- Match strengths and weaknesses to a volunteering opportunity within the community.
- Describe the advantages and disadvantages of volunteering.
- Recognise how to use the Bury VCFA website to choose a suitable volunteering opportunity.
- Work as a team on a volunteering project and note what went well and what if anything could be improved.
- Describe the benefits of a volunteering passport.

To enhance the flexibility of this programme, your learning will not follow a structured syllabus. Your progress will be recorded in an Individual Learning Plan and at the end you will be awarded an Internal Certificate.

Additional information

These courses aim to help people improve their wellbeing and gain the confidence to move into further learning and work, if appropriate. Courses offer a great starting point to develop new skills, gain confidence, improve general wellbeing or adapt to life changes.

Some courses may require a pre-course informal meeting.
Before you enrol on a course, advice and information is available to help you decide on the right course for you. Contact Learner Services on 0161 253 7501 or e-mail at learner.services@bury.gov.uk.

What will I need to provide myself?

Your tutor will discuss materials further at the first class.
Please check that the class is running before buying anything.

What could I do next?

From this course you could progress onto English, maths, IT or another course within our Work & Wellbeing programme to develop further your skills for work. Alternatively, if you wish to pursue a hobby or develop a new skill you could progress onto one of our creative courses.

Your tutor will be able to advise on the options available to you in their subject. If you would like to speak to someone about moving on, please ask your tutor to refer you to Learner Services or contact them directly on 0161 253 7501 or e-mail at learner.services@bury.gov.uk.

Can I get extra help?

Support with English and Maths is available through our Skills for Life section. For more information, please contact Learner Services on 0161 253 7501.

Extra support is available for those learners who have sensory, physical or cognitive impairments, neuro-divergent or with mental health conditions.

Help with paying for your course

You may be entitled to a reduced fee for your course if you claim a benefit. Please refer to the course guide or ask at the centre for more details. You will be asked to produce evidence on enrolment.

How to enrol

Phone: 0161 253 5772
Call into: Bury Adult Learning Centre, 18 Haymarket Street, Bury, BL9 0AQ

Please keep your copy of this information sheet. It will be useful throughout your course.