

Course Information Sheet 2023/24 Discrete Non-Accredited Course

Course title:	Volunteering for a Sustainable World Co					Code: B501	
Tutor:	Daniel Davidson						
Day & Time:	Friday 9.30-12						
Start & End Dates:	Term 1 29.09.23-08.12.23		Term 2 12.01.24-22.03.24		Term 3 19.04.24-28.06.24		
Number of sessions:	10		10		10		
Venue:	Bury ALC			Room No:10			
Learner numbers:	Minimum 7			Maximum 8			
	Full Fee			Discounted Fee			
Costs:	Term 1	Term 2	Term 3	Term 1	Term 2	Term 3	
	£225.00			Free			

What will I learn on this course?

This course is for 30 weeks. Within that time, you will meet the following learning outcomes:

- Recognise ways that green spaces improve well-being.
- List ways you could personally improve the environment.
- List strengths and weaknesses of self.
- Match strengths and weaknesses to a volunteering opportunity within the community.
- Increase self-esteem.
- Identify ways social media can affect attitudes.
- Describe the advantages and disadvantages of volunteering.
- Note key Services who could support you in a volunteering role.
- Know how to deal with confrontation.
- Recognise benefits of a leisure activity in the community through the Bury Directory.
- Recognise how to use the Bury VCFA website to choose a suitable volunteering opportunity.
- Apply for a volunteering opportunity.
- Work as a team on a volunteering project and note what went well and what if anything could be improved.

To enhance the flexibility of this programme, your learning will not follow a structured programme. Therefore, your progress on this learning will be recorded in an Individual Learning Plan and at the end you will be awarded an Internal Certificate.









Additional information

This is a course for those learners who have sensory, physical or cognitive impairments, described as neuro-divergent or with mental health conditions. A pre course interview is required. Please ring us on 0161 253 5772 to arrange this with Nikki Naylor.

What will be expected of me?

A commitment to learning and regular punctual attendance. You will need to purchase a pen drive for a sum of £5.50. Also you will need a pen.

What could I do next?

If you feel ready to move on, please speak to your tutor about referring you back to Nikki Naylor about progression into volunteering or another course. Your tutor will be able to advise on the options available to you in their subject. If you would like to speak to someone about moving on, please ask your tutor to refer you to Learner Services or contact them directly on 0161 253 7501 or email <u>learner.services@bury.gov.uk</u>.

Can I get extra help?

Support with English and Maths is available through our Skills for Life section. Please ask for details when you attend your interview with Nikki Naylor.

Help with paying for your course

You may be entitled to a reduced fee for your course if you claim a benefit. Please see the website, course guide or ask at the centre for more details. You will be asked to produce evidence on enrolment.

How to enrol

Phone: 0161 253 5772 Call into: Bury Adult Learning Centre, 18 Haymarket Street, Bury, BL9 0AQ

Please keep your copy of this information sheet. It will be useful throughout your course.







