

Course Information Sheet 2025/26 Foundation Non-Qualification Course

Course title:	LIVING ON A BUDGET		Code: B400Y
Tutor:	Fiona Dutton		
Day & Time:	Thursday – 9.45am – 12.15pm		
Start & End Dates:	Term 1	Term 2 15/01/2026 – 26/03/2026	Term 3
Number of sessions:		10	
Venue:	Bury Adult Learning Centre		Room No: 9
Learner numbers:	Minimum	Maximum	
	5	8	
Costs:	Full Fee	Discounted Fee	
	FREE	FREE	

What will I learn on this course?

During this course you will learn how to manage your household expenses to save you money.

By the end of the course, you will be able to:

- Identify what are fixed and variable household costs.
- List commonly used electrical items.
- Identify which items use the most energy.
- Identify tips for cutting down your household energy use.
- Identify items of general household expenditure as well as food.
- Identify branded goods for household use and find cheaper alternatives.
- Identify a range of pre-loved household goods and furniture that can be purchased.
- Identify where a range of pre-loved household goods and furniture can be obtained.
- Compare costs of pre-loved goods with new items.

Additional information

This is a course for learners who have sensory, physical or cognitive impairments, neuro-divergent or with mental health conditions. A pre course interview is required.

Before you enrol on a course, advice and information is available to help you decide on the right course for you.

Contact Learner Services on 0161 253 7501 or e-mail at learner.services@bury.gov.uk.

What will be expected of me?

A commitment to learning and regular punctual attendance.

What could I do next?

Your tutor will be able to advise you on the options available. If you would like to speak to someone about moving on, please ask your tutor to refer you to Learner Services or contact them directly on 0161 253 7501 or email learner.services@bury.gov.uk

Can I get extra help?

Support with English and Maths is available. Please ask for details when you attend your interview.

Help with paying for your course

You may be entitled to a reduced fee for your course if you claim a benefit. Please see the website, course guide or ask at the centre for more details. You will be asked to produce evidence on enrolment.

How to enrol

Phone: 0161 253 5772

Call into: Bury Adult Learning Centre, 18 Haymarket Street, Bury, BL9 0AQ

Please keep your copy of this information sheet. It will be useful throughout your course.