

**Course Information Sheet 2024/25
Learning for Pleasure Course**

Course title:	Intro to Upcycle or Create a Garment from Scratch			Code: B110X/Y/Z		
Tutor:	Tracey Caren					
Day & Time:	Monday 10.00am-12.00pm					
Start & End Dates:	Term 1 16/09/24-14/10/24 28/10/24-18/11/24		Term 2 06/01/25- 03/02/25 24/02/25-17/03/25		Term 3 28/04/25-19/05/25 02/06/25-23/06/25	
Number of sessions:	9		9		7	
Venue:					Room No:	
Learner Numbers:	Minimum			Maximum		
	7			10		
Costs:	Full Fee			Discounted Fee		
	Term 1	Term 2	Term 3	Term 1	Term 2	Term 3
	£84.42	£84.42	£65.66	£33.84	£33.84	£26.32
Cost of Consumables						

What will I learn on this course?

Learners will be new starters and can be complete beginners. You may have little knowledge of sewing and the machinery involved making garments and items. You will learn how to use a sewing machine and overlocker, how to create a simple pattern and learn how to put together their chosen project. Techniques on pattern fitting, fitting a zip, taking in, using batik which is a wax-resistant dye to add vibrant colour to your garment, making changes to a pattern to achieve a good fit and some soft tailoring processes suitable for making or adapting a simple pyjama top and bottom or a cushion the learners will be taught and can create a mood board to illustrate their designs. You will be encouraged to personalise your own creative work.



Additional information

- Learners are able work on their own chosen projects with guidance.
- New learners will start by learning how to use extra sewing machine stitches and machine accessories.
- Advice will be given on using commercial patterns also how to make alterations to achieve a well fitted garment.
- Choice of fabric, haberdashery, construction methods and additional sewing techniques are discussed and demonstrated throughout the course.

Before you enrol on a course advice and information is available to help you decide if this is the right course for you. Contact Learner Services on 0161 253 7501 or e-mail at learner.services@bury.gov.uk. Alternatively, you can get advice and information from Bury Adult Learning Centre on 0161 253 5772.

Tutor profile

Tracey is an artist who has worked with sewing soft furnishings. She completed a BTEC National diploma in Fashion and textiles which taught pattern cutting and how to make garments for adults and children. She has experience in textile printing, and embroidery using an embroidery machine to make cushions and quilting and works within the wellbeing programme.

What will I need to provide myself?

A basic sewing kit including tape measure, pins and scissors and suitable sewing thread. Your tutor will discuss possible projects, sewing kit, fabrics and patterns at the first class. If you already have a project planned, please bring fabric and pattern if you have them to the first class. A note pad and pen may also be useful. Your tutor will discuss materials further at the first class.

Please check that the class is running before buying anything

What could I do next?

Please check the course guide to for a range of art and craft courses. Your tutor will be able to advise on the options available to you in their subject. If you would like to speak to someone about moving on, please ask your tutor to refer you to Learner Services or contact them directly on 0161 253 7501 or e-mail at learner.services@bury.gov.uk .

Can I get extra help?

Support with English and Maths is available through our Skills for Life section. For more information, please contact Learner Services on 0161 253 7501.

Extra support is available for those learners who have sensory, physical or cognitive impairments, neuro-divergent or with mental health conditions.

Help with paying for your course.

You may be entitled to a reduced fee for your course if you claim a benefit. Please the course guide or ask at the centre for more details. You will be asked to produce evidence on enrolment.

How to enrol

Phone: 0161 253 5772

Call into: Bury Adult Learning Centre, 18 Haymarket Street, Bury, BL9 0AQ

Please keep your copy of this information sheet. It will be useful throughout your course.